

Race Date
September 08, 2019

2019 CajunMan Triathlon
Age Group Results
Individual (Age Group)

Female Overall Winners

Place			---- 800M ----			T-1	----20M Bike ----			T-2	---- 3.1 Run ----			Total			
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Penalty</u>
1	1	Kaylyn Shaw	925	27	3	17:18.7	2:10	2:58.8	2	59:57.3	20.0	1:33.5	1	23:29.3	7:35	1:45:17.7	
2	2	Kathy Abela	872	54	1	15:21.1	1:55	2:29.5	1	59:23.2	20.2	0:54.6	3	25:44.7	8:18	1:45:53.2	2:00
3	3	Jamie Scott	959	43	2	17:13.2	2:09	2:50.5	3	1:00:27.6	19.8	1:05.0	2	24:38.9	7:57	1:46:15.3	

Female Masters Winners

Place			---- 800M ----			T-1	----20M Bike ----			T-2	---- 3.1 Run ----			Total			
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Penalty</u>
1	4	Natalie Howard	1058	43	1	17:38.9	2:12	3:01.9	1	57:12.5	21.0	1:22.4	1	27:49.7	8:59	1:47:05.5	

Female Grand Masters Winners

Place			---- 800M ----			T-1	----20M Bike ----			T-2	---- 3.1 Run ----			Total			
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Penalty</u>
1	8	Heidi Arboneaux	934	59	1	19:18.4	2:25	2:22.9	1	1:00:01.6	20.0	0:46.3	1	26:02.9	8:24	1:50:32.2	2:00

*Overall place within gender

2019 CajunMan Triathlon

Age Group Results

Individual (Age Group)

Race Date
September 08, 2019

Female 25 to 29

Place			---- 800M ----			T-1	----20M Bike ----			T-2	---- 3.1 Run ----			Total			
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Penalty</u>
1	12	Megan Moffett	1035	29	3	18:22.7	2:18	3:11.0	2	1:03:12.3	19.0	1:57.6	3	27:19.1	8:49	1:54:02.9	
2	13	Amelia Simpson	1068	29	5	20:32.1	2:34	4:09.4	1	1:01:14.6	19.6	2:06.5	1	26:02.0	8:24	1:54:04.8	
3	17	Nely Ward	1069	25	2	18:09.3	2:16	2:54.9	3	1:07:46.5	17.7	1:57.5	2	26:17.5	8:29	1:57:05.9	
4	28	Sarah Orellana	890	28	4	19:43.8	2:28	3:30.9	5	1:09:46.6	17.2	2:22.3	4	34:54.7	11:16	2:10:18.4	
5	30	Jennifer Dephillips	856	28	6	21:25.2	2:41	3:59.0	4	1:09:26.3	17.3	1:44.9	6	37:53.7	12:13	2:14:29.3	
6	35	Katelyn Howard	1037	27	1	17:37.7	2:12	3:54.5	6	1:25:31.4	14.0	2:29.5	5	36:14.4	11:41	2:25:47.7	

Female 30 to 34

Place			---- 800M ----			T-1	----20M Bike ----			T-2	---- 3.1 Run ----			Total			
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Penalty</u>
1	24	Madeline Kovacs	931	30	3	24:04.8	3:01	2:25.3	1	1:03:50.0	18.8	1:41.5	2	30:56.0	9:59	2:02:57.8	
2	25	Mary Margaret Prescott	1031	34	1	18:48.1	2:21	3:42.3	2	1:13:37.7	16.3	1:05.2	1	26:50.4	8:40	2:04:03.9	
3	36	Rachael Binford	951	34	2	23:39.9	2:57	5:17.5	4	1:22:03.2	14.6	2:39.5	3	37:42.0	12:10	2:31:22.1	
4	39	Lindsay Trosclair	870	34	4	26:33.6	3:19	5:30.6	3	1:21:27.2	14.7	2:43.8	4	44:27.2	14:20	2:40:42.5	
5	41	Jessica Allain	967	32	5	31:24.4	3:56	6:29.7	5	1:29:50.3	13.4	1:32.8	5	49:50.1	16:05	2:59:07.5	

Female 35 to 39

Place			---- 800M ----			T-1	----20M Bike ----			T-2	---- 3.1 Run ----			Total			
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Penalty</u>
1	23	Sara McDonald	962	38	2	24:04.8	3:01	3:36.6	1	1:08:18.1	17.6	1:12.1	1	25:45.6	8:19	2:02:57.4	
2	31	Shay Douglas	991	38	1	22:36.4	2:50	4:10.4	2	1:12:02.7	16.7	2:15.1	2	36:04.4	11:38	2:17:09.2	

*Overall place within gender

2019 CajunMan Triathlon

Age Group Results

Individual (Age Group)

Race Date

September 08, 2019

Female 40 to 44

Place		Name	Bib No	Age	---- 800M ----		T-1	----20M Bike ----			T-2	---- 3.1 Run ----		Total	Penalty	
Place	Overall				Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time		Pace
1	7	Mina Whitmer Miller	1040	41	1	14:06.9	1:46	3:12.3	3	1:03:09.0	19.0	1:36.9	2	28:02.0	9:03	1:50:07.3
2	9	Melissa Brown	914	43	3	17:42.6	2:13	3:17.1	1	59:30.8	20.2	0:53.3	5	29:55.8	9:39	1:51:19.8
3	14	Jeannie Theriot	985	40	4	18:46.8	2:21	2:49.9	2	1:02:42.4	19.1	1:31.8	4	29:26.1	9:30	1:55:17.2
4	20	Jennifer MacHa-Hebert	1070	41	5	20:03.5	2:30	4:19.2	4	1:06:29.0	18.0	1:34.9	1	26:53.9	8:41	1:59:20.6
5	22	Andrea Spreter	893	42	2	17:15.2	2:09	4:52.2	5	1:08:22.1	17.6	1:35.9	6	30:15.4	9:46	2:02:20.9
6	26	Lori Zeringue	984	40	6	22:20.1	2:48	3:16.3	6	1:08:56.3	17.4	1:27.3	3	29:13.0	9:25	2:05:13.2
7	32	Corinne Hester	881	40	9	30:41.7	3:50	2:59.0	7	1:11:02.0	16.9	1:16.9	8	35:46.9	11:33	2:21:46.6
8	34	Molly Irland	894	43	7	23:32.1	2:57	9:12.3	8	1:14:08.0	16.2	2:04.0	7	35:44.9	11:32	2:24:41.5
9	37	Amy Cavanaugh	940	44	8	26:05.4	3:16	4:05.0	9	1:24:55.7	14.1	1:34.8	9	38:35.5	12:27	2:35:16.4

Female 45 to 49

Place		Name	Bib No	Age	---- 800M ----		T-1	----20M Bike ----			T-2	---- 3.1 Run ----		Total	Penalty	
Place	Overall				Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time		Pace
1	5	Ashley Delapp	1081	45	4	23:15.4	2:54	2:30.8	1	57:35.3	20.8	0:49.9	1	23:29.2	7:35	1:47:40.8
2	6	Stefanie Prothro	858	46	1	18:15.2	2:17	3:12.6	2	58:55.8	20.4	0:52.6	2	26:32.3	8:34	1:47:48.5
3	21	Maralien Orantes	922	49	2	21:57.3	2:45	3:29.1	3	1:04:05.2	18.7	1:20.5	4	30:11.5	9:44	2:01:03.8
4	27	Rachelle Odom	902	47	3	22:08.5	2:46	4:23.4	4	1:07:38.2	17.7	2:08.1	5	33:32.9	10:49	2:09:51.2
5	29	Aunjelle Burton	1038	46	6	25:03.2	3:08	4:17.4	5	1:10:25.5	17.0	1:27.1	3	29:48.1	9:37	2:11:01.4
6	33	Marline Vidrine	969	45	5	23:45.5	2:58	4:42.1	6	1:14:33.7	16.1	3:11.3	6	37:54.4	12:14	2:24:07.2

Female 50 to 54

Place		Name	Bib No	Age	---- 800M ----		T-1	----20M Bike ----			T-2	---- 3.1 Run ----		Total	Penalty
Place	Overall				Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	

*Overall place within gender

2019 CajunMan Triathlon

Age Group Results

Individual (Age Group)

Race Date

September 08, 2019

Female 50 to 54

Place		Name	Bib No	Age	---- 800M ----		T-1	----20M Bike ----			T-2	---- 3.1 Run ----			Total	Penalty	
Overall	Place				Rnk	Time		Pace	Time	Rnk		Time	Rate	Time			Rnk
1	10	Victoria Richardson	982	53	1	19:10.4	2:24	2:50.4	2	1:02:38.6	19.2	1:03.4	2	27:43.1	8:57	1:53:26.1	
2	11	Karen St Germain	964	52	4	20:47.6	2:36	3:13.1	1	1:00:12.0	19.9	1:06.8	3	28:14.0	9:06	1:53:33.8	
3	16	Ashley Smith-Mcdonner	1042	50	3	19:40.3	2:28	3:05.4	4	1:04:58.3	18.5	1:20.5	1	27:00.5	8:43	1:56:05.2	
4	18	Cam Sharpe	904	52	2	19:27.3	2:26	3:43.8	3	1:04:34.4	18.6	1:25.6	4	28:28.6	9:11	1:57:39.8	

Female 55 to 59

Place		Name	Bib No	Age	---- 800M ----		T-1	----20M Bike ----			T-2	---- 3.1 Run ----			Total	Penalty	
Overall	Place				Rnk	Time		Pace	Time	Rnk		Time	Rate	Time			Rnk
1	15	Lisa Bell	874	57	1	19:03.5	2:23	3:13.9	1	1:04:38.3	18.6	1:16.3	1	27:15.4	8:48	1:55:27.7	
2	42	Beryl Leboeuf	1032	56	2	35:54.4	4:29	5:24.1	2	1:23:13.0	14.4	2:46.9	2	51:49.1	16:43	2:59:07.7	

Female 60 to 64

Place		Name	Bib No	Age	---- 800M ----		T-1	----20M Bike ----			T-2	---- 3.1 Run ----			Total	Penalty	
Overall	Place				Rnk	Time		Pace	Time	Rnk		Time	Rate	Time			Rnk
1	19	Lisa Causey	1048	61	1	18:11.7	2:16	3:43.7	1	1:08:38.1	17.5	1:34.1	1	27:06.8	8:45	1:59:14.5	

Female 65 to 69

Place		Name	Bib No	Age	---- 800M ----		T-1	----20M Bike ----			T-2	---- 3.1 Run ----			Total	Penalty	
Overall	Place				Rnk	Time		Pace	Time	Rnk		Time	Rate	Time			Rnk
1	38	Nell Hahn	913	68	1	23:24.2	2:56	7:12.1	1	1:19:19.9	15.1	1:57.4	2	46:58.5	15:09	2:38:52.3	
2	40	Violet Nix	928	66	2	31:39.5	3:57	5:07.4	2	1:27:08.4	13.8	2:30.8	1	46:12.0	14:54	2:52:38.3	

*Overall place within gender

Race Date
September 08, 2019

2019 CajunMan Triathlon
Age Group Results
Individual (Age Group)

Male Overall Winners

Place			---- 800M ----			T-1	----20M Bike ----			T-2	---- 3.1 Run ----			Total			
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Penalty</u>
1	1	Jeremy Johnson	1092	41	1	13:45.8	1:43	2:30.9	3	50:20.7	23.8	1:12.4	1	18:41.6	6:02	1:26:31.6	
2	2	Benjamin Gatte	1050	33	3	15:57.6	2:00	2:19.6	1	48:30.3	24.7	0:38.9	2	20:29.0	6:36	1:27:55.7	
3	3	Christopher Zumbek	1033	36	2	15:24.2	1:56	2:04.1	2	49:30.9	24.2	0:38.8	3	21:21.2	6:53	1:28:59.4	

Male Masters Winners

Place			---- 800M ----			T-1	----20M Bike ----			T-2	---- 3.1 Run ----			Total			
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Penalty</u>
1	5	Dan Ahrens	1083	50	1	14:03.8	1:45	2:32.0	1	51:52.7	23.1	0:48.9	1	21:35.3	6:58	1:30:52.9	

Male Grand Masters Winners

Place			---- 800M ----			T-1	----20M Bike ----			T-2	---- 3.1 Run ----			Total			
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Penalty</u>
1	14	John Cox	1078	50	1	18:07.9	2:16	2:05.4	1	56:16.2	21.3	0:55.3	1	21:26.3	6:55	1:38:51.2	

*Overall place within gender

2019 CajunMan Triathlon

Age Group Results

Individual (Age Group)

Race Date

September 08, 2019

Men 15 to 19

Place		Name	Bib No	Age	800M		T-1	20M Bike			T-2	3.1 Run			Total	Penalty	
Overall	Place				Rnk	Time		Pace	Time	Rnk		Time	Rate	Time			Rnk
1	11	Eli Watkins	1059	16	2	17:40.7	2:13	2:18.4	1	54:08.4	22.2	0:59.8	1	21:10.8	6:50	1:36:18.3	
2	85	Brady Dufrene	965	16	1	15:47.7	1:58	2:53.5	2	1:03:49.0	18.8	1:50.5	2	35:13.5	11:22	1:59:34.4	

Men 20 to 24

Place		Name	Bib No	Age	800M		T-1	20M Bike			T-2	3.1 Run			Total	Penalty	
Overall	Place				Rnk	Time		Pace	Time	Rnk		Time	Rate	Time			Rnk
1	91	Bryce Hargis	916	21	1	19:56.2	2:30	3:24.0	2	1:08:36.0	17.5	0:49.7	1	29:22.6	9:29	2:02:08.7	
2	94	Coan Stevens	908	23	2	23:40.1	2:58	4:19.8	1	1:00:34.4	19.8	2:37.8	2	33:54.3	10:56	2:05:06.5	
3	127	Mason Calico	898	21	3	28:17.7	3:32	5:55.9	3	1:23:11.7	14.4	2:32.7	3	40:31.6	13:04	2:40:29.8	

Men 25 to 29

Place		Name	Bib No	Age	800M		T-1	20M Bike			T-2	3.1 Run			Total	Penalty	
Overall	Place				Rnk	Time		Pace	Time	Rnk		Time	Rate	Time			Rnk
1	6	Jon Candies	978	27	1	15:30.7	1:56	2:10.0	2	52:31.7	22.8	1:17.3	1	20:41.8	6:41	1:32:11.8	
2	15	Ty Foreman	977	25	2	16:59.3	2:07	2:25.1	4	57:41.6	20.8	0:49.0	2	21:14.4	6:51	1:39:09.6	
3	22	Kevin McLendon	853	29	4	17:23.9	2:10	2:31.3	3	57:27.0	20.9	0:41.3	3	24:07.9	7:47	1:42:11.6	
4	31	Blake Debrock	941	27	9	23:47.2	2:58	3:40.4	1	52:20.8	22.9	1:02.6	4	24:18.3	7:50	1:45:09.5	
5	41	Dylan Armentor	936	27	7	19:46.8	2:28	2:50.5	5	59:08.7	20.3	1:17.5	5	24:46.1	7:59	1:47:49.9	
6	57	Shea Rogers	976	26	8	20:54.3	2:37	3:27.4	6	59:38.9	20.1	1:16.1	7	25:37.3	8:16	1:50:54.1	
7	59	Nicholas Stathopoulos	1043	29	3	17:19.4	2:10	2:34.3	7	1:03:52.7	18.8	1:49.3	8	25:41.4	8:17	1:51:17.3	
8	73	Justin Weber	891	29	6	18:44.7	2:21	3:27.5	9	1:06:20.9	18.1	0:45.2	9	26:28.2	8:32	1:55:46.7	
9	87	Michael Latiolais	929	29	10	25:09.5	3:09	2:39.6	8	1:06:07.0	18.1	1:48.6	6	25:03.3	8:05	2:00:48.1	
10	114	Chris West	1079	27	5	18:30.2	2:19	7:58.6	10	1:22:45.3	14.5	1:42.5	10	33:43.9	10:53	2:24:40.7	

*Overall place within gender

2019 CajunMan Triathlon

Age Group Results

Individual (Age Group)

Race Date

September 08, 2019

Men 30 to 34

Place			---- 800M ----			T-1	----20M Bike ----			T-2	---- 3.1 Run ----			Total	Penalty	
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	4	Cole Fugate	968	32	1	14:48.9	1:51	2:13.3	1	50:32.7	23.7	0:55.6	1	21:41.8	7:00	1:30:12.5
2	9	Cole Leblanc	911	33	3	15:59.7	2:00	2:53.7	2	52:15.0	23.0	1:03.3	5	23:36.9	7:37	1:35:48.7
3	12	Dustin Pitre	851	32	5	16:29.7	2:04	2:50.7	3	53:34.6	22.4	1:24.5	2	22:44.9	7:20	1:37:04.5
4	13	Carlo Bentley	854	34	4	16:13.4	2:02	2:12.9	5	56:42.3	21.2	0:36.2	3	22:59.8	7:25	1:38:44.8
5	16	Andrew Merrett	896	32	2	15:38.9	1:57	2:53.2	4	56:08.1	21.4	1:05.6	4	23:23.9	7:33	1:39:09.9
6	36	Tony Saltaformaggio	950	34	9	18:36.2	2:20	3:34.7	8	58:32.8	20.5	1:28.4	6	24:29.7	7:54	1:46:42.0
7	42	Mike Bernier	1074	32	6	17:32.7	2:12	2:49.7	6	56:46.3	21.1	2:11.7	11	28:36.7	9:14	1:47:57.3
8	50	Jesse Dore	980	34	7	18:23.9	2:18	2:41.8	11	1:01:32.8	19.5	1:31.8	7	25:05.3	8:06	1:49:15.8
9	55	Jason Brockman	958	33	10	18:42.7	2:20	2:53.8	9	59:16.7	20.2	1:27.7	10	28:09.2	9:05	1:50:30.2
10	56	Larry Jumonville	945	34	8	18:32.8	2:19	4:23.0	7	58:02.4	20.7	2:23.1	9	27:28.8	8:52	1:50:50.3
11	64	Rodger Green	957	30	11	20:52.2	2:37	3:21.5	10	1:00:34.3	19.8	1:05.1	8	26:27.1	8:32	1:52:20.3
12	103	Valden Harrelson	884	31	12	22:25.5	2:48	3:23.0	12	1:07:40.7	17.7	1:17.0	12	36:48.9	11:53	2:11:35.3

Men 35 to 39

Place			---- 800M ----			T-1	----20M Bike ----			T-2	---- 3.1 Run ----			Total	Penalty	
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	10	Daniel Shaw	926	35	2	14:53.9	1:52	2:20.8	1	55:21.7	21.7	0:40.4	4	22:48.1	7:21	1:36:05.1
2	26	Evan Balfantz	946	39	4	16:32.7	2:04	2:48.5	6	58:36.4	20.5	0:55.0	7	23:56.8	7:44	1:42:49.6
3	27	Steven Allotto	877	36	5	17:30.4	2:11	3:21.0	5	58:27.3	20.5	1:10.0	3	22:32.3	7:16	1:43:01.2
4	29	Casey Meador	990	35	6	18:23.2	2:18	3:14.9	2	56:06.1	21.4	1:25.0	8	25:19.1	8:10	1:44:28.5
5	32	Justin Welborn	944	35	3	15:45.8	1:58	2:58.4	7	59:19.1	20.2	1:02.4	15	26:45.8	8:38	1:45:51.8
6	38	Patrick Perrien	963	36	14	20:20.2	2:33	2:51.2	8	59:22.0	20.2	1:10.0	5	23:36.6	7:37	1:47:20.3
7	44	Jordan Langford	924	36	10	19:26.7	2:26	2:40.7	4	58:24.7	20.5	0:37.4	17	27:01.5	8:43	1:48:11.1
8	52	Lucas Hebert	918	39	19	23:06.7	2:53	3:18.0	3	57:58.5	20.7	1:15.0	6	23:51.2	7:42	1:49:29.6
9	54	Ross Doyle	974	37	17	22:10.2	2:46	3:08.1	10	1:01:50.7	19.4	0:56.6	2	22:17.2	7:11	1:50:23.1

*Overall place within gender

2019 CajunMan Triathlon

Age Group Results

Individual (Age Group)

Race Date
September 08, 2019

Men 35 to 39

Place		Name	Bib No	Age	---- 800M ----		T-1	----20M Bike ----			T-2	---- 3.1 Run ----		Total	Penalty	
Place	Overall				Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time		Pace
10	58	Jarret Daigle	899	36	11	19:37.2	2:27	3:31.1	9	1:00:13.5	19.9	1:10.3	13	26:37.3	8:35	1:51:09.6
11	61	Leon Cannizzaro III	1065	36	1	14:15.7	1:47	3:20.1	17	1:07:11.7	17.9	0:48.2	11	26:21.1	8:30	1:51:56.8
12	67	Scott Waguespack	949	37	20	25:49.1	3:14	2:51.7	12	1:02:53.9	19.1	1:06.2	1	20:25.4	6:35	1:53:06.5
13	69	Adam Davis	907	36	15	20:33.4	2:34	3:50.3	11	1:02:20.5	19.2	0:56.5	12	26:31.9	8:34	1:54:12.8
14	70	George Prescott	987	38	9	18:59.4	2:22	4:18.3	14	1:03:21.4	18.9	0:59.4	16	26:48.2	8:39	1:54:26.9
15	74	John Carroll	889	38	13	20:11.7	2:31	3:42.2	13	1:03:19.6	18.9	0:53.5	18	28:51.0	9:18	1:56:58.1
16	75	Brandon Poirier	895	35	16	21:40.8	2:43	4:13.6	15	1:04:15.9	18.7	1:20.8	9	25:58.1	8:23	1:57:29.4
17	81	Joshua Thibodeaux	901	35	12	19:39.6	2:27	3:32.8	18	1:07:28.2	17.8	1:16.4	14	26:43.9	8:37	1:58:41.1
18	86	Jared Leboeuf	866	39	7	18:43.0	2:20	3:30.8	16	1:04:26.7	18.6	2:08.6	20	30:56.3	9:59	1:59:45.6
19	93	Peter Manganello	1039	37	8	18:56.3	2:22	3:41.0	19	1:09:33.8	17.3	1:19.2	19	29:47.3	9:37	2:03:17.8
20	101	Jeremy Daigle	888	35	21	27:30.7	3:26	4:11.0	21	1:11:40.0	16.7	1:12.3	10	26:09.2	8:26	2:10:43.4
21	116	Michael Dronet	900	35	18	22:14.2	2:47	4:48.6	23	1:15:33.3	15.9	2:29.5	24	41:52.6	13:31	2:26:58.4
22	118	Nick Talbot	954	39	23	31:26.6	3:56	6:27.8	22	1:13:36.1	16.3	2:24.0	22	34:29.0	11:07	2:28:23.6
23	119	Lyle Stephenson	932	35	22	29:02.4	3:38	6:19.2	20	1:10:41.7	17.0	2:28.9	23	40:18.9	13:00	2:28:51.2
24	126	Josh Fredieu	862	37	24	37:57.2	4:45	5:53.4	24	1:19:42.6	15.1	2:11.3	21	32:35.6	10:31	2:38:20.3

Men 40 to 44

Place		Name	Bib No	Age	---- 800M ----		T-1	----20M Bike ----			T-2	---- 3.1 Run ----		Total	Penalty	
Place	Overall				Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time		Pace
1	8	John Theriot	986	44	4	18:31.9	2:19	3:10.2	1	50:47.6	23.6	1:04.3	1	22:06.6	7:08	1:35:40.8
2	24	Henry S. Guste	1090	43	1	15:51.4	1:59	2:33.3	3	56:25.5	21.3	1:31.8	6	25:59.7	8:23	1:42:21.8
3	25	Patrick Ashley	878	40	2	16:00.9	2:00	4:11.3	4	57:51.2	20.7	0:59.2	4	23:45.6	7:40	1:42:48.4
4	34	Gregory Toscano	997	44	3	16:56.9	2:07	3:07.5	5	57:56.8	20.7	1:27.0	9	26:54.0	8:41	1:46:22.3
5	35	Eric Duhs	1029	43	7	19:43.1	2:28	3:44.4	2	56:06.6	21.4	1:47.6	5	25:05.8	8:06	1:46:27.7
6	48	Bryan Hollingsworth	943	41	6	19:22.7	2:25	3:24.7	6	58:03.6	20.7	0:51.4	8	26:52.9	8:40	1:48:35.5

*Overall place within gender

2019 CajunMan Triathlon

Age Group Results

Individual (Age Group)

Race Date

September 08, 2019

Men 40 to 44

Place			---- 800M ----			T-1	----20M Bike ----			T-2	---- 3.1 Run ----			Total	Penalty		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	Penalty
7	49	Barrett Nicholson	1047	42	11	20:37.5	2:35	2:56.4	10	1:00:17.3	19.9	1:19.9	3	23:26.4	7:34	1:48:37.7	
8	65	Sammy Echols	1087	41	10	20:31.3	2:34	2:54.3	11	1:01:05.6	19.6	1:41.3	7	26:10.0	8:26	1:52:22.7	
9	77	John Breaux	1073	44	20	31:26.6	3:56	3:24.5	9	59:38.1	20.1	1:01.2	2	22:33.9	7:17	1:58:04.5	
10	79	Jason Jerusalem	948	42	9	20:05.4	2:31	4:10.8	13	1:03:59.8	18.8	1:23.0	10	28:57.6	9:21	1:58:36.7	
11	92	Randel Babin	1084	41	13	22:34.2	2:49	4:21.7	8	59:34.3	20.1	2:40.3	12	33:47.7	10:54	2:02:58.5	
12	95	Charles Briley	960	41	16	23:58.7	3:00	3:48.2	12	1:03:02.1	19.0	2:26.3	11	32:38.3	10:32	2:05:53.8	
13	97	Patrick Smith	1091	44	8	19:55.1	2:29	4:11.4	14	1:06:39.6	18.0	1:38.7	14	35:48.4	11:33	2:08:13.5	
14	99	James "bo" Gray	939	42	12	21:40.9	2:43	5:21.8	7	59:29.7	20.2	1:46.7	17	40:04.4	12:56	2:08:23.7	
15	108	Chris Bryson	915	44	17	25:10.4	3:09	4:47.5	15	1:08:04.6	17.6	2:09.3	16	37:42.6	12:10	2:17:54.5	
16	110	Mark Farmer	930	41	15	23:57.9	3:00	5:26.2	16	1:08:22.7	17.5	1:59.5	20	41:22.0	13:21	2:21:08.5	
17	112	H. Barber Boone	995	43	14	23:51.2	2:59	5:05.7	18	1:15:51.2	15.8	1:21.1	13	35:38.0	11:30	2:21:47.5	
18	120	Robin Bonin	989	40	18	26:12.2	3:17	5:44.2	17	1:15:51.1	15.8	1:26.9	19	40:07.7	12:57	2:29:22.3	
19	125	Brian Toomer	1086	43	5	19:05.4	2:23	4:26.8	20	1:34:58.3	12.6	3:14.8	15	36:01.3	11:37	2:37:46.8	
20	128	David Pham	905	43	19	31:13.8	3:54	8:10.4	19	1:17:00.6	15.6	4:57.9	18	40:04.5	12:56	2:41:27.4	

Men 45 to 49

Place			---- 800M ----			T-1	----20M Bike ----			T-2	---- 3.1 Run ----			Total	Penalty		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	Penalty
1	7	Brent (masta B) Leblanc	933	47	2	16:01.6	2:00	2:24.3	1	51:32.3	23.3	0:44.6	5	23:51.3	7:42	1:34:34.2	
2	17	Troy Roussel	966	48	3	16:18.4	2:02	3:42.2	3	53:30.9	22.4	1:22.4	6	24:34.5	7:56	1:39:28.7	
3	19	Jason Hugenroth	1057	48	5	17:32.2	2:12	2:22.5	8	57:01.0	21.0	1:00.6	1	21:56.9	7:05	1:39:53.3	
4	20	Jonathan Batarseh	876	45	6	17:33.7	2:12	3:24.1	5	55:24.0	21.7	1:29.5	2	22:21.6	7:13	1:40:13.1	
5	37	Geoffrey Mire	1030	46	1	13:58.9	1:45	3:08.9	7	56:57.9	21.1	2:08.6	17	30:44.9	9:55	1:46:59.3	
6	39	John Howard	1093	46	4	16:31.8	2:04	4:15.0	6	55:48.6	21.5	1:48.8	12	28:56.2	9:20	1:47:20.7	
7	40	Robert Bienvenu	993	46	9	19:28.1	2:26	3:24.6	4	55:13.8	21.7	1:17.2	9	28:09.2	9:05	1:47:33.1	

*Overall place within gender

2019 CajunMan Triathlon

Age Group Results

Individual (Age Group)

Race Date
September 08, 2019

Men 45 to 49

Place		Name	Bib No	Age	---- 800M ----			T-1	----20M Bike ----			T-2	---- 3.1 Run ----			Total	Penalty
Place	Overall				Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	
8	46	Jefferson Nichol	953	47	10	19:29.1	2:26	2:46.4	13	1:01:50.3	19.4	1:41.9	3	22:36.8	7:18	1:48:24.7	
9	47	Jason Kilpatrick	919	46	12	20:39.5	2:35	4:24.9	2	53:12.6	22.6	1:56.4	10	28:16.9	9:07	1:48:30.5	
10	63	Joshua Crapo	972	48	7	18:33.1	2:19	3:24.5	9	57:49.6	20.8	1:17.8	18	31:03.1	10:01	1:52:08.3	
11	71	Rick Parnell	971	47	14	21:13.3	2:39	3:43.0	10	59:20.2	20.2	1:15.5	16	29:31.0	9:31	1:55:03.1	
12	72	Pierluigi Lanciotti	855	48	13	20:41.9	2:35	3:01.1	12	1:01:39.1	19.5	0:57.7	15	29:20.8	9:28	1:55:40.9	
13	76	Carlos Aldana	1044	45	8	18:57.6	2:22	6:04.6	11	59:54.6	20.0	3:17.8	14	29:18.0	9:27	1:57:32.8	
14	78	Chad Wilson	1076	45	11	20:22.6	2:33	4:31.2	18	1:05:49.2	18.2	1:34.2	7	25:53.8	8:21	1:58:11.2	
15	84	James Donovan	910	46	15	21:55.4	2:44	4:28.7	15	1:02:10.7	19.3	1:44.2	11	28:55.5	9:20	1:59:14.8	
16	89	Lance McAllister	1071	47	17	24:00.5	3:00	5:30.0	14	1:01:56.3	19.4	2:31.8	8	27:25.9	8:51	2:01:24.6	
17	90	Marcus Manuel	860	45	20	26:05.9	3:16	5:45.7	16	1:04:36.7	18.6	2:05.6	4	23:14.1	7:30	2:01:48.3	
18	98	Brian Schwartz	992	45	16	23:43.4	2:58	3:50.0	17	1:05:35.1	18.3	1:54.2	19	33:16.7	10:44	2:08:19.6	
19	106	Mark Medina	961	45	21	27:03.7	3:23	6:43.0	19	1:09:38.5	17.2	2:44.9	13	29:12.4	9:25	2:15:22.7	
20	121	John Chadeayne	920	45	18	25:07.2	3:08	5:42.7	20	1:14:44.8	16.1	2:23.6	21	43:31.0	14:02	2:31:29.5	
21	130	Ross Rushing	917	47	19	25:18.7	3:10	5:35.7	21	1:34:34.1	12.7	1:49.9	20	40:54.7	13:12	2:48:13.2	

Men 50 to 54

Place		Name	Bib No	Age	---- 800M ----			T-1	----20M Bike ----			T-2	---- 3.1 Run ----			Total	Penalty
Place	Overall				Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	
1	18	Jody Richardson	981	54	2	18:11.1	2:16	2:32.3	1	52:39.1	22.8	0:50.0	4	25:34.8	8:15	1:39:47.5	
2	21	Spencer Martin	1089	50	1	18:09.4	2:16	2:26.7	5	56:21.9	21.3	1:03.0	1	23:04.5	7:27	1:41:05.8	
3	33	Darren Crumpton	885	51	4	18:57.9	2:22	2:41.8	3	54:48.8	21.9	1:07.8	6	28:45.9	9:17	1:46:22.3	
4	43	Scott Thompson	942	52	9	20:40.4	2:35	2:30.3	2	54:32.4	22.0	0:53.5	7	29:33.5	9:32	1:48:10.4	
5	45	Kirk Guilbeau	975	52	8	20:29.2	2:34	3:03.3	4	56:08.7	21.4	1:36.6	5	26:55.3	8:41	1:48:13.3	
6	53	Mark Adams	861	50	5	19:17.4	2:25	2:58.9	7	1:01:17.3	19.6	1:04.9	3	25:23.0	8:11	1:50:01.8	
7	62	Juan Roman	1046	52	6	19:21.4	2:25	3:19.1	8	1:02:56.2	19.1	1:19.1	2	25:07.8	8:06	1:52:03.8	

*Overall place within gender

2019 CajunMan Triathlon

Age Group Results

Individual (Age Group)

Race Date

September 08, 2019

Men 50 to 54

Place		Name	Bib No	Age	---- 800M ----		T-1	----20M Bike ----			T-2	---- 3.1 Run ----			Total	Penalty	
Overall	Place				Rnk	Time		Pace	Time	Rnk		Time	Rate	Time			Rnk
8	80	Tim Waguespack	996	51	10	20:53.1	2:37	4:12.4	6	57:19.8	20.9	2:01.2	9	34:12.6	11:02	1:58:39.1	
9	96	Mark Lacy	1072	53	12	21:58.7	2:45	5:49.4	10	1:05:11.2	18.4	3:04.3	8	32:05.6	10:21	2:08:09.4	
10	102	William Wimberly	886	50	13	22:09.7	2:46	4:04.6	9	1:04:43.2	18.5	1:52.2	11	38:11.8	12:19	2:11:01.7	
11	115	Jimmy Leonard	947	51	7	19:41.1	2:28	5:38.0	12	1:11:35.6	16.8	3:16.3	12	45:24.0	14:39	2:25:35.2	
12	117	J J Burdin	1088	50	3	18:16.9	2:17	7:02.2	11	1:11:28.1	16.8	3:22.8	13	45:25.4	14:39	2:27:35.6	2:00
13	129	Srini Chittaluru	1049	52	11	21:23.6	2:40	10:52.6	13	1:26:26.0	13.9	5:59.0	10	37:21.0	12:03	2:42:02.3	

Men 55 to 59

Place		Name	Bib No	Age	---- 800M ----		T-1	----20M Bike ----			T-2	---- 3.1 Run ----			Total	Penalty	
Overall	Place				Rnk	Time		Pace	Time	Rnk		Time	Rate	Time			Rnk
1	23	Trevor Casper	1061	55	1	17:50.7	2:14	2:49.0	1	53:55.1	22.3	0:52.9	2	24:50.3	8:01	1:42:18.1	2:00
2	30	Paul Engeriser	979	55	3	19:44.7	2:28	3:06.0	3	56:18.9	21.3	1:18.0	1	24:10.1	7:48	1:44:37.8	
3	68	Lyle Weisz	865	56	4	21:45.4	2:43	3:43.4	4	58:13.7	20.6	1:50.4	4	27:55.3	9:00	1:53:28.3	
4	83	Anthony Evans	1045	58	6	27:22.3	3:25	3:07.4	5	59:18.5	20.2	2:01.6	3	27:19.1	8:49	1:59:09.1	
5	88	Marcus Eichhorn	859	55	2	18:22.1	2:18	3:42.5	2	54:48.3	21.9	1:19.5	6	42:59.4	13:52	2:01:12.1	
6	105	Felix Rabito	973	57	5	22:09.7	2:46	4:01.7	6	1:09:38.3	17.2	1:39.6	5	34:57.0	11:16	2:12:26.5	

Men 60 to 64

Place		Name	Bib No	Age	---- 800M ----		T-1	----20M Bike ----			T-2	---- 3.1 Run ----			Total	Penalty	
Overall	Place				Rnk	Time		Pace	Time	Rnk		Time	Rate	Time			Rnk
1	28	George Robichaux	955	62	1	16:26.9	2:03	2:59.6	2	57:06.9	21.0	1:05.1	2	26:34.8	8:34	1:44:13.6	
2	51	David Arboneaux	935	60	5	23:09.0	2:54	2:55.9	1	55:22.5	21.7	1:07.4	1	24:52.1	8:01	1:49:27.1	2:00
3	60	Ken Daigle	956	60	2	17:32.5	2:12	2:57.7	3	59:21.8	20.2	0:57.7	4	30:34.6	9:52	1:51:24.5	

*Overall place within gender

2019 CajunMan Triathlon

Age Group Results

Individual (Age Group)

Race Date

September 08, 2019

Men 60 to 64

Place			---- 800M ----			T-1	----20M Bike ----			T-2	---- 3.1 Run ----			Total			
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Penalty</u>
4	66	Buddy Baker	938	63	3	17:43.7	2:13	2:44.9	5	1:02:51.0	19.1	0:58.4	3	28:16.8	9:07	1:52:35.1	
5	82	Paul Tellarico	864	62	4	19:43.7	2:28	3:29.5	4	1:00:54.4	19.7	1:01.4	5	33:40.1	10:52	1:58:49.2	
6	111	Larry Sharpe	903	60	6	23:34.9	2:57	6:02.1	6	1:11:11.6	16.9	2:24.3	6	38:14.1	12:20	2:21:27.3	
7	122	Vincent Lagattuta	875	60	7	27:54.2	3:29	7:57.3	7	1:12:53.0	16.5	2:27.9	7	41:57.2	13:32	2:33:09.7	

Male 65 to 69

Place			---- 800M ----			T-1	----20M Bike ----			T-2	---- 3.1 Run ----			Total			
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Penalty</u>
1	109	Leon Cannizzaro Jr	1066	66	2	20:20.4	2:33	6:17.3	2	1:13:49.1	16.3	1:09.2	1	37:16.0	12:01	2:18:52.2	
2	113	Kerry Behrens	1056	65	1	18:00.4	2:15	4:04.3	1	1:09:14.3	17.3	2:07.0	2	50:04.5	16:09	2:23:30.7	
3	123	Marion Cash	921	69	3	35:52.4	4:29	4:58.0	3	1:15:06.4	16.0		3	1:14:40.0	24:05	2:37:32.9	

Male 70 to 74

Place			---- 800M ----			T-1	----20M Bike ----			T-2	---- 3.1 Run ----			Total			
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Penalty</u>
1	100	Richard Cozad	970	70	2	23:56.9	3:00	4:52.3	2	1:07:40.0	17.7	1:18.8	1	30:41.3	9:54	2:08:29.5	
2	104	Don Hunter	952	70	1	23:37.5	2:57	3:44.8	3	1:11:20.9	16.8	1:40.5	2	31:53.4	10:17	2:12:17.3	
3	107	Santiago Caballero	906	71	3	23:59.3	3:00	5:16.6	1	1:07:12.2	17.9	2:43.9	3	37:11.1	12:00	2:16:23.3	

*Overall place within gender

Race Date
September 08, 2019

2019 CajunMan Triathlon
Age Group Results
Individual (Age Group)

Male 75 to 79

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>T-1</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>T-2</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Total</u>	<u>Time</u>	<u>Penalty</u>
1	124	Bennie Nobles	868	75	1	30:02.3	3:45	6:42.5		1	1:13:46.3	16.3	2:53.5		1	44:10.0	14:15	2:37:34.7		

*Overall place within gender